

Title: Man to Man

Text: *“Be watchful, stand firm in the faith, act like men, be strong. Let all that you do be done in love.”*
(1 Cor. 16:13-14)

Target: Live with no regrets, just redirects.

I. Be Alert: *“Be watchful”* (Vs. 13) Be awake, vigilant, alert.

A. On Post: Soldier at post, scanning for the enemy. (1 Peter 5:8)

B. On Point: Spiritual attentiveness towards compromise and temptation. (2 Cor. 11:13-15)

Stay Awake: If the devil can't destroy you, he'll distract you. If he can't derail you, he'll dull your sensitivity to sin.

Discussion Question #1: *What are the biggest distractions in your life right now that are dulling your spiritual sensitivity?*

Discussion Question #2: *In what areas are you most tempted to compromise? Who do you have in your life to help keep you accountable?*

Discussion Question #3: *How can we better develop the discipline of being on post and on point in our daily lives?*

II. Be Anchored: *“Stand firm in the faith”* (Vs. 13) Be fixed, immovable and persist in conviction.

A. Hold the Line: Truth is not relative. (2 Tim. 4:3-4)

B. No Retreat: The Gospel doesn't change. (Galatians 1:8)

No Compromise: The world will shift, culture always drifts, but God's word doesn't.

Discussion Question #4: *What core convictions in your faith have been challenged by culture or personal struggles?*

Discussion Question #5: *When was the last time you had to “hold the line” for truth in a hard situation? What did you learn from it?*

Discussion Question #6: *How can we remind each other that God's Word never shifts—even when everything around us does?*

III. Be Assertive: *“Act like Men”* Be brave, courageous, of valor. (Vs. 13)

A. Take Responsibility: Grow up, step up, show up. (1 Cor. 13:11)

B. Reject Passivity: Refusing to stand on the sidelines of your own calling. (James 4:17)

Biblical Manhood: Maturity doesn't run from responsibility...it rises to it.

Discussion Question #7: Where in your life are you currently avoiding responsibility or being passive? Why?

Discussion Question #8: What would it look like for you to fully *step up, grow up, and show up* in your marriage, parenting, work, or church?

Discussion Question #9: How can your community group help each other and hold each other accountable to *reject passivity* and walk in our God-given callings?

IV. Be Armed: "*Be Strong*" (Vs. 13) Inner strength, bestowed to be received.

A. Supplied Strength: "*Be strong in the Lord and in the power of His might.*" (Eph. 6:10)

B. Sustained Strength: "*Those who wait on the Lord shall renew their strength.*" (Isa. 40:31)

Power Up: Real strength begins where self ends and surrender begins.

Discussion Question #10: Are you trying to operate in your own strength right now? What areas of your life need *God's power instead of self-effort*?

Discussion Question #11: What does it look like to wait on the Lord for strength in your current season?

Discussion Question #12: In what ways have you seen strength *grow through surrender* in your walk with Jesus?

V. Be Agape: "*Let all that you do be done in love*" (Vs. 14)

A. Governs your Motives: "*let love be genuine*" (Romans 12:9)

B. Guides your Actions: "*let us not love in word or talk but in deed and in truth*"
(1 John 3:18)

Verb not Vibe: The love of Christ is more than an emotion to feel; it is a mission to live out.

Discussion Question #13: What currently motivates your actions: love or something else (pride, fear, guilt, people-pleasing)?

Discussion Question #14: When have you experienced someone showing you *Christ-like love in action*, and how did it impact you?

Discussion Question #15: How can we as men lead with *tenderness and toughness*, shaped by sacrificial love like Jesus?

Takeaway: Biblical Masculinity isn't toxic. It's tender and tough, shaped by sacrifice, led by love, and modeled after Jesus.

Which one of the five commands (Be Alert, Anchored, Assertive, Armed, Agape) is God pressing on your heart most right now, and what step will you take this week?